



## EAST COAST RAILWAY

मुख्य कार्मिक अधिकारी का कार्यालय/  
Office of the Pr.Chief Personnel Officer  
द्वितीय तल, - 751 017  
Rail Sadan, IInd Floor, Bhubaneswar-751 017

स्थापना क्रमांक/ Estt. Srl. No. 12/2018  
पूतरे/कार्मिक/आर/ECOR/Pers/R/Rectt.

RBE NO-11/2018  
Date: 08.02.2018

सेवा में,

सभी प्रमुख विभागाध्यक्षों/समन्वयक विभागाध्यक्षों, पू त रे/भुवनेश्वर  
मं.रे.प्र/व.मं.का.अधिकारी/मं.का.अधिकारी-खोरधारोड,वालातेरू, संबलपुर,  
मु;कारखाना प्रबंधक/कारखाना कार्मिक अधिकारी- मंचेश्वर, अतिरिक्त रजिस्ट्रार/रेल दावा अधिकरण,  
व.का अधिकारी(नि)/भुवनेश्वर  
महा सचिव/इकोर श्र. कां., महा सचिव/इकोर श्र. यू.,  
महा सचिव/एआई ओ बी सी आर ई ए, महा सचिव/ ए आई एस सी एस टी आर ई ए

विषय /Sub: Recruitment of staff in Level-1 of 7<sup>th</sup> CPC Pay Matrix on  
Indian Railways-Criteria for Physical Efficiency Test (PET)  
regarding.

पूतरे के विषय क्रमांक/ECOR's Subject Serial No.RECT-03/2018

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उपर्युक्त विषय पर बोर्ड पत्र सं E(NG)-II/2017/RR-1/10 दिनांक 24.01.2018  
की प्रतिलिपि सूचना, मार्गदर्शन एवं आवश्यक कार्रवाई हेतु अग्रेषित है।

A copy of the Board's No. E(NG)-II/2017/RR-1/10 dated- 24.01.2018 on the  
above quoted subject is forwarded herewith for information, guidance and necessary  
action.

Encl: As above,

(M.G.Bhawani)

Dy.Chief Personnel Officer(IR&W)  
For Pr. Chief Personnel Officer

प्रतिलिपि प्रेषित/Copy to :

- 1) महाप्रबंधक के सचिव/पूर्व तट रेलवे, भुवनेश्वर
- 2) मुकाधि/मुकाधि(प्रशा.), उप म.प्र, अध्यक्ष(रेलवे भर्ती प्रकोष्ठ)
- 3) उप मुख्य प्रबंधक(सू.प्रौ), उप मुकाधि(औ.सं.एवं कल्याण), वकाधि(इंजी.)
- 4) वकाधि(मुख्या.), वकाधि(स्टाफ), वकाधि(राज. एवं न्याया.)
- 5) मुकाधि के निजी सचिव/सहा.कार्मिक अधि.(मुख्या.-1),सहा.कार्मिक अधि.(कल्याण),  
सहा.कार्मिक अधि.(बिल), सहा.कार्मिक अधि.(भर्ती)



GOVERNMENT OF INDIA  
MINISTRY OF RAILWAYS  
(RAILWAY BOARD)

RBE No. 11 /2018

No. E (NG)-II/2017/RR-1/10

New Delhi, dated: 24 .01.2018

The General Manager (P),  
All Zonal Railways/Production Units

**Sub:** Recruitment of staff in Level – 1 of 7<sup>th</sup> CPC Pay Matrix on Indian Railways –  
Criteria for Physical Efficiency Test (PET) regarding.

**Ref:** This office letter No. E(NG)II/2012/RR-1/14 dated 12.11.2012 (RBE No.  
126/2012).

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Attention is invited to Board's letter under reference prescribing criteria for Physical Efficiency Test (PET) for recruitment of staff for all categories in Level – 1 of 7<sup>th</sup> CPC Pay Matrix (earlier Grade Pay 1800/-) on Indian Railways.

2. The matter has further been reviewed, keeping in view the requirement of the job and it has been decided by Ministry of Railways (Railway Board) to amend the existing criteria for recruitment from open market in all categories in Level-1, as per norms prescribed below:-

Male Candidates

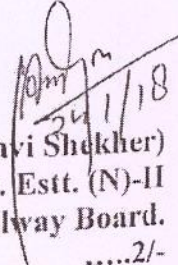
- (i) Should be able to lift and carry 35 kg of weight for a distance of 100 metres in 2 minutes in one chance without putting the weight down; and
- (ii) Should be able to run for a distance of 1000 metres in 4 minute and 15 seconds in one chance.

Female Candidates

- (i) Should be able to lift and carry 20 kg of weight for a distance of 100 metres in 2 minutes in one chance without putting the weight down; and
- (ii) Should be able to run for a distance of 1000 metres in 5 minutes and 40 second in one chance.

3. The above norms will be applicable in all future recruitment from open market in Level-1. Notification, if any, issued may please be amended suitably by issuing a corrigendum.

4. Please acknowledge receipt.  
(Hindi version will follow)

  
(Ravi Shekher)  
Dy. Dir. Estt. (N)-II  
Railway Board.  
.....2/-